



LENNOX HEAD FOOTBALL CLUB

The Sharks



January 2012

2012 Season, Issue 1

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LENNOX HEAD FOOTBALL CLUB

PO Box 64
Lennox Head, NSW, 2478

www.lennoxheadfootball.com



Ballina shire Wet Weather
Line

6686 1499



Welcome from the President

A warm welcome to the 2012 season. I hope each and everyone of you had a fun, safe and enjoyable festive period and are looking forward to getting active again to work off all those over indulgences!

Although it only seems 5 minutes since we finished last season it's actually been 4 months. This has certainly been no down time for the committee who have been working tirelessly in preparation for the new season. Field 1 has been topped dressed so should be in top condition come the start of the season. Another off season success has been an agreement for the installation of new lights which mean the club can again start playing night matches.

Disappointingly there were a number of long standing committee member who didn't stand for re-election this year, which has left a large hole in the commit-

tee. Thankfully after some searching new members have come forward and taken up roles. I would urge you all to consider getting involved in the running of the club. The saying 'more hands make light work' has never been more true.

I know for one I'm looking forward to getting back into the weekly routine of training and matches. Sign-on days have been set for 11th and 18th February between 10am and 2pm at our Skennars Head Club House. There will be a few working bees at the start of the year to get the grounds ready, keep an eye out for the dates.

Here's hoping we can achieve new heights this season and bring home even more honors.

Adrian Zakaras
LHFC President

Sign On Days and Fees

Sign on days have been set, so the important dates for your calendars are:

Saturday's 11th & 18th February 10am—2pm

Please note that fees will be required to be paid at the time of registration and new players will need to show their birth certificate as proof of age. Fees can be paid by cash or cheque only. We have tried to keep fee changes to a minimum. The 2012 fees are as follows:

U6—U7	\$75
U8—U9	\$85
U10—U11	\$100
U12—U16	\$135
Women's (at high school)	\$210
Women's	\$300
Men's (at high school)	\$215
Men's	\$310

It is important that you register and pay on these two days so that we know how many players we have and we can start allocating players to teams. Unless a player is registered and fees paid no place in a team will be reserved/kept open for them, so to avoid disappointment please register early. If you are unable to make it on either of these days please contact the appropriate registrar below:

Non-Competitive Juniors	Kerran Baker 0427 992 282 & Jodie Davis 0412 302 825
Competitive Juniors	Adam Lenehan 0425 206 385
Women's	Thaya Evenden (Coggo) 0431978711
Men's	Position Vacant

Club Sponsors



Facebook

The club is keen to utilise all communication channels to keep members up-to-date with important information regarding the club. A new Facebook page has been set-up for this purpose and will be updated frequently with important information on club news, events and field status.

Please follow the link below:

<http://www.facebook.com/pages/Lennox-Head-Football-Club/162134730535515>

Please like us to start receiving updates regarding the club.

Coaches Wanted

As is normal with amateur football clubs the majority of coaches are volunteers and are typically parents of players. If there are two parents to share the workload it makes things much easier. If you are interested in coaching a team in 2012, please let the relevant registrar know on the registration days.

Never coached before? What's involved?

Coaches, particularly for the younger age groups, are basically volunteers helping kids have fun and improve their general motor skills. You don't have to have played before as there are many simple training exercises that help players without you needing to be a football super star! A coach will typically:

1. Organise a weekly training session that runs for 45mins to 1.5 hours;
2. Attend matches, organize substitutions and encourage all players; and
3. Be the communication interface between the club and players/parents.

What help is Available?

You'll be given some useful resources by your registrar and our website contains links to external websites that provide a range of free training drills and sessions. All existing coaches were new once and are happy to give you pointers to get you started.

The club may fund coaches to attend a number of courses available through the FFA.

Sponsorship

Sponsorship is a vital source of funds for the club and it helps local businesses gain exposure to the footballing community on the far north coast. There are a wide range of options available, so if your business or a business you know could benefit from this exposure or can help out in anyway please contact Steve Ranyard on 0437 860 799 or via email steveranyard@hotmail.com.

A copy of our 2012 sponsorship prospectus can be downloaded from our website: www.lennoxheadfootball.com/sponsors

A number of sponsors have already renewed or committed to the club in 2012. We are pleased to announce that the Professionals in Ballina and Lennox Head have again continued their long association with the club by agreeing to be the clubs principal sponsor again in 2012 with their logo to be proudly worn on the front of the men's premier division squad shirts.